



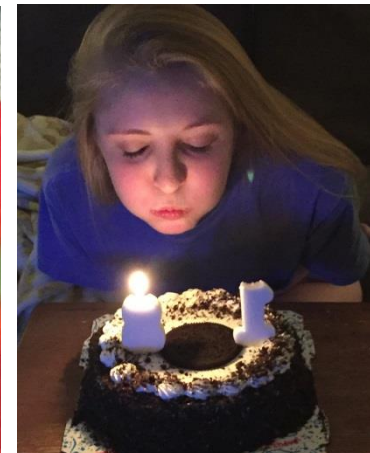
Past, Present and Future With CF

By: Holly Beasley

Way, Way Back....

- Information from the Middle Ages links salty skin with damage to the pancreas. Infants with these signs were believed to be victims of witchcraft. Frederic Chopin (1810-1849), the composer, is believed to have had a mild form of cystic fibrosis. The first modern description of the disease was made in 1938 by pathologist Dorothy Andersen. She called the disease “cystic fibrosis of the pancreas.” It had previously been known as “mucoviscidosis,” the thickening of mucus.
- **We've Come A Long Way** - Historically, children with CF died as infants, and as recently as 1980 the median survival was less than 20 years of age. However, over the past 30 years the lifespan of CF patients has increased a great deal, and in 2006 the median survival in the United States was 37.5 years. Many factors influence the health of CF patients. Older adults with CF had fewer treatment options during their childhood when compared to children born more recently.
- **FDA Approved Therapies Just For Us!** Each new breakthrough is a building block that brings us closer to our ultimate goal: a cure for all people with CF.

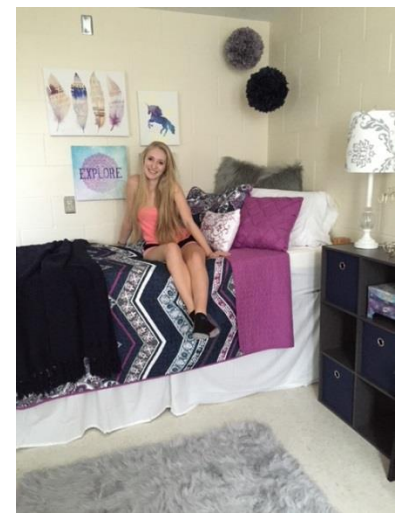
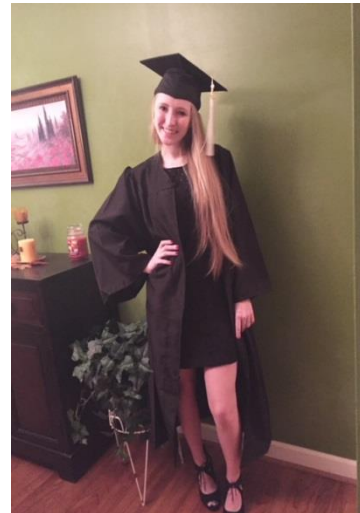
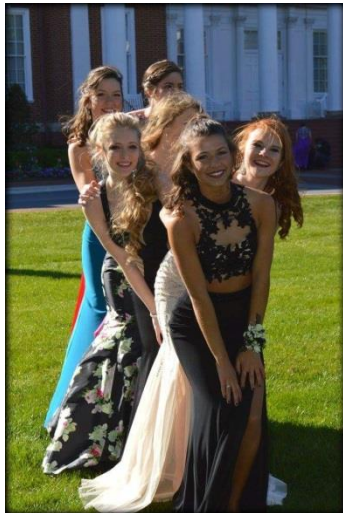
Pills, Pills And More Pills – But So Grateful To Have Them – They Help Me Climb Mountains! Airway Clearance – An Absolute Must In Order To Stay As Healthy And Active As Possible. Consuming Lots Of Calories To Maintain A Healthy Weight. Breathing Treatments.



Hospital Admissions For Tune Ups And Intense Treatments (Plus Homework!) Rest and Relaxation – Revive Our Bodies and Minds. Staying Active – So Important For Lung Health. Sleepovers With Supportive Friends – Just Take Your Meds and Treatments With You!



Fun With Life Long Friends Who Have Been By My Side Through The Good And The Bad! More Birthdays Thanks To Progress! Graduating Summa Cum Laude From High School Despite The Time Demands Of CF. Dorm Life - Getting A College Education So That I May Serve My Community Through My Career.



Making Plans And Dreaming Of My Future. Going To The College Of My Dreams. It Keeps Getting Better And Better! Although cystic fibrosis (CF) is a severe condition that needs daily care, many treatments for it have improved. People who have CF live much longer than they used to and the quality of life has improved as well. Hope For A Cure - I Can Feel It's Presence!

I SEE A BRIGHT FUTURE!

